

Sedgwick County Early Childhood Coordinating Council

Steering Committee

Downtown YMCA
February 15, 2018

Present: Tim Quiggle, Embrace; Michelle Calvert, Comcare; Amber Willis, Child Start; Libby Tomas, Amerigroup; Anne Harris, Wichita Public Library; Cayla Wasson, Connecting Point; June Remple, USD 266/PAT; Paco Price, Rainbows United; Kandi Schmidt, United Way, Lyndon Drew, Catholic Charities; Susan Ridgeway, USD 265/PAT; Tatiana Munoz, Rainbows United; Virginia Schwiethale, KCSL; Angie Martinez, Healthy Babies; Debbie Ogle, YMCA; Kris Nicholson, Child Care Aware; Angela Parcaro-Tucker, Ascension-Via Christi; Sarah Robinson, St. Francis Community Services; Audra Kenneson, Rainbows United – Mental Health; Alisa Norlin, McConnell AFB; Sarena Maier, COMCARE; Kelly Shively, COMCARE; Katie Brinkman, KCSL; Tana McKee, Mental Health Association of South Central KS; Kay Burnett, Mental Health Association of South Central KS; Kate Van Steenhuysen, Art Partners; Patty Stuever, USD 259

AGENDA

Introductions – Michelle Calvert

Icebreaker – Michelle Calvert

Michelle passed out two sheets. One explained 8 “health types” and the other was a pie chart. Each person reflected on where they felt they were on each of the 8 health types and filled in the pie chart.

Work Groups – Michelle Calvert

The Lunch and Learn and Fatherhood work groups would like more input from the council. They have put together a 3 question survey. The three questions are:

1. Three trainings you would like to see offered in the future?
2. What amount of time and the time of the day would you like to see trainings occur?
3. Within your agencies, what fatherhood activities would you promote or encourage the fathers you work with to participate in?

The survey was passed out with instruction to leave it completed at the end of the meeting.

How to Stay Positive No Matter What – Patty Stuever- Student Leadership Coordinator for USD 259

“High-Ways of 8 to Great” and “The Power Pyramid” Handout – Based on MK Mueller’s book, 8 to Great. Patty gave a quick over view of the 8 step process to take charge of your life and make positive changes for your future. She then focused on the foundation of the book, the power pyramid. She described how “Choose thoughts that feel good” can be the foundation for the good things in life. She then described how gratitude can be a fast way to the top of the power pyramid. The “Gratitude Ritual is a way to build this as an everyday habit. This ritual is to share 3 gratitude’s every morning from the past 24 hours with no repeats.

Other quotes she shared:

“When we choose thoughts that feel good, we feel good! When we feel good, good things happen!”

“Be careful how you are talking to yourself because you are listening.”

“Your life is like it is because of what you choose to focus on and believe.”

There were several powerful short videos she shared.

Patty’s contact information is:

Email: patty@8togreat.com

Facebook: Patty Stuever’s Postive Practices

Phone: 316-519-0355

Next Full Council Meeting will be on May 2nd at Maize Early Learning Center, 9405 W 37th St. North